

Friday Flyer

May 11th – May 17th



Saturday, May 11th

Breakfast Club – 9:00 a.m. – Café
Bible Study Group – 9:00 a.m. – Board Room
Pray the Rosary – 10:00 a.m. – Faith Chapel
Rummikub – 2:00 p.m. – Lounge
Happy Hour – 4:30 p.m. – Pub
Chef Dinner Special – 5:00 p.m. – Heritage Room ~ Open Faced Turkey Reuben Potato Pancakes & sides
Movie – 7:00 p.m. – Auditorium ~ “The Miracle Club”

Sunday, May 12th - Happy Mother's Day!

Catholic Mass – 10:00 a.m. – Auditorium
Mother's Day Luncheon – 12:30 p.m. – Dining Room
Rummikub & Mexican Train Game – 2:00 p.m. – Game Room
Happy Hour – 4:30 p.m. – Pub



Monday, May 13th

Yoga – 9:30 a.m. – Auditorium
Residents' Council – 10:00 a.m. – Board Room
Ancient Mesoamerica Revealed Series – 10:45 a.m. – Auditorium ~ Calakmul – The Mighty Snake Kingdom
Trinity Friendship Circle Luncheon – 12:30 p.m. – Heritage Room
Shopping Bus – 1:00 p.m.
Hand & Foot Game – 1:30 p.m. – Club Room
Bell of Heath Rehearsal – 4:00 p.m. – Auditorium

Tuesday, May 14th

Worship Service with Coffee Hour following in Club Room – 10:00 a.m. – Chapel
Art Group – 10:30 a.m. – Activities Room
The Transformation of the West Series – 10:45 a.m. – Auditorium ~ “Northern Renaissance Lit & Drama”
Mahjong – 1:30 p.m. – Game Room
Healthy Motion Fitness – 2:00 p.m. - Auditorium
Rummikub – 2:00 p.m. – Lounge
Cornhole Group – 4:00 p.m. - Auditorium
Happy Hour – 4:30 p.m. – Pub
Taco Tuesday – 5:00 p.m. – Dining Room

Wednesday, May 15th

Cardio Drumming – 9:30 a.m. - Auditorium
Shopping Bus – 9:45 a.m.
Turning Points in American History Series – 10:45 a.m. – Auditorium ~ “1917 Votes for Women!”
Maintenance & Operation Meeting – 11:00 a.m. – Grille Room
Oh Hell! Game – 2:00 p.m. - Club Room
Pinochle – 2:00 p.m. – Game Room
Happy Hour – 4:30 p.m. – Pub
Chef Dinner Special – 5:00 p.m. – Heritage Room ~ Personal Pizza (3 meat, Cheese, Veggie) with salad
Evening Program – 7:00 p.m. – Auditorium ~ “Robin & Jim Duo”

Thursday, May 16th

Balance, Core & Strength with Tonie – 9:30 a.m. – Auditorium
Thursday Bell Practice – 11:00 a.m. – Auditorium
Mutual Support Group – 11:00 a.m. – Board Room
Bible Study Fellowship – 1:30 p.m. – Board Room
Mahjong - 1:30 -Game Room
Canasta - 2:00 p.m. – Lounge
Outdoor Shuffleboard – 4:00 p.m. – Chen Court
Happy Hour- 4:30 p.m. – Pub
Steak Night – 5:00 p.m. – Grille Room
Super Bingo – 7:00 p.m. – Auditorium

Friday, May 17th

Fitness Over Fifty – 9:30 a.m. - Auditorium
Shopping Bus – 9:45 a.m.
Friendship Store – 10:00 a.m. – MFH Edu. Room
Needle Workers Group – 10:30 a.m. – Club Room
Passport to Adventure – 2:00 p.m. – Auditorium ~ “Myanmar (Burma)”
Ping Pong – 3:00 p.m. – Game Room
Happy Hour – 4:30 p.m. - Pub
Fish Friday – 5:00 p.m. – Grille Room

Week of May 12 - 18 (Week 4)

Kings/Monarchs	Tue May 14	4:00
Darts/Vikings	Thu May 16	3:00
Colts/Hawks	Fri May 17	4:00
Practice	Sat May 18	11:00



News & Information

Residents' Council

The **Residents' Council** is seeking candidates for the offices of **Secretary, Chair of Friendly Visitors** and **Chair of Maintenance and Operations** committees. If interested, contact Bill Blaskopf, Bea Lake, Maria Katonak or Alan Cooper.

Employees Appreciation Fund

Just a friendly reminder to make a contribution to the Employees Appreciation Fund. Remember your Spring chores? Clean up lawn, fertilize & mulch? Shampoo rugs, clean screens, and windows? Repaint, touch up hallways? Change A/C, heating filters etc., etc. Look around and see our hard-working staff. Let that be a reminder to show your appreciation by making an early donation to the fund. The more we give now the more there will be when we make the distribution. Thank you!

"The Friendship Table at 5:30 p.m."

Looking to enjoy dinner, but don't have a friend to come with? Join dining services **"The Friendship Table at 5:30"**! A table dedicated to those residents looking for a New Friend to dine with. Every day in the Heritage Room. Please call Dining Services for reservations at extension x5155. There are new friends out there waiting to meet you!☺

Fitness Stretch Bands and Weights

Please note that the fitness elastic bands and weights are for use in the fitness room and all the exercise classes **ONLY**. All weights and stretch bands **must be** returned after all classes. **Also**, they are not for personal therapy use at home. Thank you for your cooperation.

Friendship Store – WE NEED DONATIONS!

The Friendship Store needs your Donations! We accept household items that are in good, clean, working condition. Items can be dropped off in the activities room. Please do not drop them off at the Friendship store. We are looking for items such as knick knacks, jewelry, decorative items, kitchen utensils, and purses. (NO books, DVD's, VHS, clothing. Picture frames sizes 4x6 to 30x30.) Any questions, please call Peggy at x5101. Why buy new when used will do! The store will be **open Friday, May 17th**. The hours are 10 a.m. to 4p.m.

Matinee Movie – The Boys in the Boat – year 2023 – PG13

Friday, May 10th at 2:00 p.m. in the Auditorium

Starring: Joel Edgerton, Callum Turner and Peter Guinness

The Boys in the Boat is a sports drama based on the #1 New York Times bestselling non-fiction novel written by Daniel James Brown. The film, directed by George Clooney, is about the 1936 University of Washington rowing team that competed for gold at the Summer Olympics in Berlin. This inspirational true story follows a group of underdogs at the height of the Great Depression as they are thrust into the spotlight and take on elite rivals from around the world. This movie is approximately 123 minutes long.

Trinity Friendship Circle Luncheon

Join Trinity Friendship Circle on **Monday May 13th at 12:30 p.m.** in the Heritage Room for a delicious luncheon, celebrate Mother's Day, enjoy a Patriotic sing-a-long honoring Memorial Day, and close their meeting with their annual Bingo tournament! They promise there will be some lovely prizes! You will have a delightful afternoon.

Mother's Day Luncheon

There will be a Mother's Day Luncheon on **Sunday, May 12th at 12:30 p.m.** in the Heritage Room. Please see the detailed menu attached to the flyer and call Dining Services on ext. 5155 to reserve your table. Thank you!

Wednesday Evening Program - Robin & Jim Seip

The Activities Department is excited to have Robin and Jim Seip back to perform for us on **Wednesday, May 15th at 7:00 p.m.** in the Auditorium. The duo has been performing together for over thirty years, playing a variety of music including standards, oldies, country and much more. Robin has a dynamic singing voice and performing style and is accompanied by her husband on the keyboard. They love to engage the audience in their performance and are sure to provide a great evening of entertainment. Hope to see you there!

Outdoor Shuffleboard Group

It's time for outdoor shuffleboard! Please join us on the lovely new shuffleboard court near Chen Court any **Thursday at 4:00 p.m.** The next game is on **Thursday, May 16th**. Players take turns to push the discs with the special cue aiming for the target area at the other end while also trying to nudge their opponent's discs into the penalty area. It's fun, come and try!

Passport to Adventure – Myanmar (Bruma)

Join us on **Friday, May 17th at 2:00 p.m.** in the Auditorium to view "Myanmar". Being closed off to the world for centuries, Myanmar (Burma) has now risen to the top of many travels' destination lists and is now as warm and welcoming as the ruling military junta were harsh and oppressive. Megan McCormick dives into the heart of the country to get the low down. Megan starts her journey in Yangon, then visits popular Inle Lake. She takes a bumpy train journey to Mandalay and Bagan which was once capital of the Kingdom that fully integrated Buddhism into the country. Leaving Mandalay, Megan heads far from the main tourist destinations and into the Chin State. Megan then heads to Rakhine State where, after a brief visit to the town of Thandwe, she reaches her final stop and the ultimate beach destination, Ngapali Beach. This adventure is approximate 60 minutes long.

Bible Study Group

The SATURDAY MORNING BIBLE STUDY group that had its first meetings last month will be meeting again **at 9:00 a.m. on Saturday, May 18th**. You will be warmly welcome to join the group, which meets in the Heath House Board Room, down the hall from the front desk. Tomorrow's focus we will be highlights in the book of Judges, chapters 1-5. "The Bible was not given to increase our knowledge, but to change our lives." - D.L.Moody.

WISE – Wellness Initiative for Senior Education – Lunch & Learn

The last lesson of WISE is being held on **Monday, May 20th at 11:30 a.m.** in the Grille Room.

May 20th – Week Five – Substance misuse, addiction, and the older adult & an enhanced quality of life. If you are interested, please come, and sign up outside the Activities Office. There is a sign-up sheet available on the table. Please be sure to sign up **Friday** before each lesson so we know how much food to order. We can only accommodate **thirty residents** in this class, so please sign up early and bring a neighbor! **Also, if you have signed up and cannot make it. It is important that you let us know!**

Golfers – Let's Par Tee!

Swing on over to the golf course on **Wednesday, May 22nd at 10:00 a.m.** We may not be pros, but we can still play. There will be a few of us getting together on the course to putt around. It's informal, just to have some fun, stop by, watch and you might want to join us for the next game!

Book Discussion Group

Pick up the book "**The Bookbinder**" by Pip Williams in the Activities Room. A young British woman working in a book bindery gets a chance to pursue knowledge and love when World War I upend her life in this new novel from the *New York Times* bestselling author of the Reese's Book Club pick. This month we will meet on **Wednesday, May 22nd at 2:00 p.m.** in the Activities Room for a lively discussion with two facilitators. Questions, please call Daisy on ext. 5103.

Women's Association Spring Trip to Well Sweep Herb Farm

The Women's Association is sponsoring a trip to the lovely Well Sweep Herb Farm on **Thursday, May 23rd**, home of one of the largest collections of herbs and perennials in the country. Join us on a tour of the impressive culinary, medicinal, and formal herb gardens, and hear about the history of this farm, started as a family endeavor 53 years ago. Following the tour, we will move to the barn filled with thousands of dried herbs and flowers where you can create your own small basket filled with dried flowers of your choice. After you have finished your basket, you will have time to shop for plants for your own personal garden. Please be aware the grounds consist of sloping lawns and uneven bricks and paving stones. Wear comfortable walking shoes, sunscreen, and a hat. The bus will leave Heath Village at **1:00 p.m.** and return around **4:00 p.m.** It is going to be a fun filled day for all.

Best Oscar Documentary Short Film 2023

"Elephants Whisperers"

Join us on **Friday, May 10th at 2:00 p.m.** in the auditorium to view "Elephants Whisperers", the Oscar award documentary short film. The Elephants Whisperers made history early 2023 when it became the first Indian documentary to win an Oscar. It tells the story of a couple named Bomman and Bellie who care for an orphaned and injured baby elephant inside the Mudumalai Tiger Reserve in the southern Indian state of Tamil Nadu. The film highlights the urgent need for action and the inspiring efforts of those working to protect them. This film is approximately 41 minutes long.

Memorial Day – Support Our Troops

On Memorial Day, we pause to honor the memories of so many brave soldiers who lost their lives defending our nation's freedom and to thank them for their service to our country. Let us also remember to show our support to our courageous troops who continue to uphold the values we hold so dear and who protect our great nation today. Thank you to our men and women in uniform.

Memorial Day Holiday BBQ Buffet

Please join us for a holiday barbeque buffet on **Monday, May 27th at 12:30 p.m.** in the Main Dining Rooms. Please see the detailed menu attached to the flyer and call Dining Services at ext. 5155 to reserve your table before **Wednesday, May 22nd**. Let's celebrate the holiday together!

Reminder Season Subscribers - New Jersey Symphony Orchestra Trip

Our next trip to the New Jersey Symphony Orchestra is scheduled for **Thursday, May 30th**. The concert is "**Epic Scores of John Williams and More.**" The bus will leave Heath Village at **11:45 a.m.** **Please remember to bring \$2, exact change, for the gratuity for the bus driver.** **Also**, for those subscribers who qualified for the **bonus concert**, it will be on **Sunday, June 9th** and the bus leave will Heath Village for the **3:00 p.m.** concert. Please mark your calendar, any questions, please call Daisy x5103 or Tracy x5102. Thank you!

Hackettstown High School Choir

The Hackettstown High School Choir will be coming to Heath Village to sing on **Friday, May 31st at 1:30 p.m.** in the Great Room. This very talented group of singers will be entertaining us with a variety of songs, so please join us in the Great Room to welcome and support this wonderful group.

May 10th – 7:00 p.m. – "The Miracle Club"- 90 mins – "PG13" – 2023– Drama/Comedy

Starring: Maggie Smith, Laura Linney and Kathy Bates

Set in 1967, The Miracle Club is a heartwarming film that follows the story of three generations of close friends, Lily(Maggie Smith), Elieen(Kathy Bates), and Dolly(Agnes O'Casey) of Ballygar, a hard-knocks community in Dublin, who have one tantalizing dream: to win a pilgrimage to the sacred French town of Lourdes, that place of miracles that draws millions of visitors each year. When the chance to win presents itself, the women seize it. However, just before their trip, their old friend Chrissie (Laura Linney) arrives in Ballygar for her mother's funeral, dampening their good mood and well-laid plans. The women secure tickets and set out on the journey that they hope will change their lives, with Chrissie, a skeptical traveler, joining in place of her mother.....

HEATH VILLAGE BEAUTY SALON

Hours of Operation

Wednesday & Thursday 8:30-2:00 p.m.

Friday 12:30-3:00 p.m.

Please call to schedule appointments

(684 5295)



Happy Mother's Day

"Happy Hour" at the Paddy's Pub

Every Tuesday through Sunday

4:30 – 5:30 p.m.

Village Social is the last Friday of the Month

4:30 – 5:30 p.m.

\$2 Beer - \$3 House Wine

\$3 House Mixed Drinks

\$1 Soft Drink

Let Us Make Paddy's Pub

your Meeting Place!!

